

CONSULTANT GASTROENTEROLOGISTS:

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| Dr. David Badov MBBS, FRACP | Dr. Mark Lust MBBS, PhD, FRACP |
| Prof. Stuart Roberts MBBS, FRACP, MD | Dr. Tamara Mogilevski MBBS, FRACP |
| Dr. Aaron Thornton MBBS, FRACP | A.Prof. William Kemp MBBS, FRACP |
| Dr. Belinda Jackson MBBS, FRACP | Dr. Gareth Burns MBBS, FRACP |
| Dr. Stephen Bloom MBBS, FRACP | Dr. Sujievan Chandran MBBS, FRACP |
| Dr. Samuel Hall MBBS, FRACP | Dr. Viet Pham MBBS. B Med Sci (Hons)FRACP |

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| FRANKSTON <input type="checkbox"/> | BAYSWATER <input type="checkbox"/> | NARRE WARREN <input type="checkbox"/> |
| BAYSIDE DAY
PROCEDURE &
SPECIALIST CENTRE
141 CRANBOURNE RD | BAYSWATER DAY
PROCEDURE &
SPECIALIST CENTRE
664 MOUNTAIN HWY | CASEY DAY
PROCEDURE &
SPECIALIST CENTRE
30-32 VERDUN DVE |
| HAMPTON <input type="checkbox"/> | ROSEBUD <input type="checkbox"/> | |
| HAMPTON DAY HOSPITAL
338 SOUTH RD
HAMPTON EAST | ROSEBUD DAY HOSPITAL
29-31 BONEO RD
ROSEBUD | |

APPOINTMENT DETAILS

PATIENT NAME: _____ APPOINTMENT DATE: _____ TIME: _____

PATIENT DETAILS

Dear Doctor, thank you for seeing this patient with the following problem:

for consideration of: GASTROSCOPY COLONOSCOPY CAPSULE ENDOSCOPY

Please provide an opinion and suggest to Management. This Endoscopy request includes a referral for pre-procedure consultation and pre-anaesthetic assessment.

Referring Doctor:.....Phone:.....

Address:.....Fax:.....

.....Date:...../...../.....

Provider No.:.....Signature.....

Potential High Anaesthetic Risk. Patient requires pre-anaesthetic assessment one week before procedure.

PATIENT INFORMATION

Gastroscopy is a test to examine the inside of your oesophagus, stomach and duodenum. You will be given an intravenous injection, which will induce a light sleep and then a flexible tube (gastroscope) will be passed through your mouth into the stomach.

Colonoscopy is a test to examine the inside of the large bowel. After an intravenous injection to induce light sleep, a flexible tube (colonoscope) will be passed through the back passage along the large bowel. Through this tube, the lining of the bowel can be examined and polyps removed. The bowel must be empty for this examination -a bowel preparation is therefore required for colonoscopy.

Both gastroscopy and colonoscopy are not painful and you will not feel or remember these tests.

PLEASE TURN OVER FOR INSTRUCTIONS

PRINT I, May 2019

GENERAL INSTRUCTIONS

- PLEASE ARRANGE FOR A FRIEND OR RELATIVE TO COLLECT YOU ABOUT 1½ HOURS AFTER THE TEST, AS YOU CANNOT DRIVE OR LEAVE THE HOSPITAL ON YOUR OWN (you should not drive or operate machinery for 12 hours and remain in care of a responsible adult).
- BRING YOUR MEDICARE CARD, ANY PRIVATE HEALTH INSURANCE DETAILS, PENSION / HEALTH CARE CARD IF APPLICABLE, LIST OF MEDICATIONS, READING GLASSES AND THIS REFERRAL.
- PLEASE WEAR LIGHT CASUAL CLOTHING AND DO NOT BRING VALUABLES WITH YOU.

COLONOSCOPY INSTRUCTIONS

- PURCHASE 3 SACHETS OF PICOSALAX. from your local chemist (prescription is not required). These are laxatives to be ingested the day before the test and will cause frequent, loose bowel actions. Please ensure that you use only as directed.
Note: If you have constipation contact Direct Endoscopy on 9781 5959 for alternative instructions
- If you are on IRON tablets these should be stopped four days prior to the test. If you take medication for Diabetes (tablets or Insulin injections) or any blood- thinning medication including WARFARIN, XARELTO, PRADAXA, ELIQUIS please consult your Doctor or contact the centre in case the dosage needs to be adjusted.
- ON THE DAY BEFORE THE TEST.** You are to have no solid foods, milk products or orange juice. You may have clear fluids such as water, cordial, clear fruit juice, clear broth, black tea/coffee with sugar, jelly (Not red), barley sugar lollies and soft drinks, Hydrolyte drinks, lemonade icy poles and honey.
Alternate your Fluids as above. You must drink between 2-3 litres of the above liquids throughout the day.
At 4pm add one sachet of PICOSALAX to 120mls of water, stir and drink the solution over 30 minutes.
At 6pm add one sachet of PICOSALAX to 120mls of water, stir and drink the solution over 30 minutes.
At 8pm add one sachet of PICOSALAX to 120mls of water, stir and drink the solution over 30 minutes.
(If necessary you may use a barrier cream, such as Vaseline or Bepanthen).
- IMPORTANT! DO NOT DRINK OR EAT FOR 6 HOURS PRIOR TO THE TEST.**
You may take your usual medication with a sip of water no later than 2 hours before the test unless otherwise instructed by your Doctor

GASTROSCOPY INSTRUCTIONS

DO NOT EAT OR DRINK FOR 6 HOURS PRIOR TO THE TEST. However you may take your usual medication with a sip of water at least 2 hours before the test, unless instructed otherwise by your Doctor. If you take medication for diabetes (tablets or Insulin injections) please consult your Doctor or contact the centre in case the dosage needs to be adjusted.

SAFETY AND RISKS

For inspection of the bowel alone, complications of colonoscopy are uncommon. Most surveys report complications in 1 in 1,000 examinations or less. Complications, which can occur, include an intolerance of the bowel preparation solution or reaction to sedative used. Perforation (making a hole in the bowel) or major bleeding from the bowel is extremely rare but if occurs, may require surgery. When operations such as removal of polyps are carried out there is slightly higher risk of perforation of bleeding from the site where the polyp has been removed. Because of the risk of cancer, it is recommended that all polyps found at the time of colonoscopy be removed. However, it will not be possible to discuss the removal with you at the time of examination, as you will be sedated. If you have any queries or reservations about this, please inform your Doctor. In the unlikely event of hemorrhage occurring, blood transfusion may be necessary.