



Gastroscopy Patient Preparation

If you have made an appointment with us for a gastroscopy procedure, you will need to follow the prescribed preparation instructions below. Proper patient preparation is very important for the procedure to be successful and safe.

General Preparation Instructions

The following is a requirement of all endoscopy patients.

Have someone collect you after the test.

Due to the use of anaesthetic during our endoscopy procedures, the effects will make you drowsy and incapable of legally driving yourself home.

Please arrange for a friend or relative to collect you about one and a half hours after the test, as you cannot drive or leave the hospital on your own.

What to bring with you:

- Medicare card (Please inform staff when booking if you have no Medicare card, Interim card or reciprocal card)
- Private insurance card (if applicable)
- Pensioner/health care card
- Account payment (Direct Endoscopy accepts MasterCard, Visa or cash and provides EFTPOS facilities to facilitate easy payment of accounts on the day)
- List of medications
- Reading glasses (if necessary)

Wear Loose Clothing and Leave Valuables Behind

Please wear light casual clothing and do not bring valuables with you.

Remove Lipstick and Jewellery

Please do not wear nail polish or lipstick.

Remain Under Competent Supervision for 12 Hours

For 12 hours after the procedure, you should remain in the care of a responsible adult and not drive or operate machinery.

IMPORTANT! DO NOT DRINK OR EAT FOR 6 HOURS PRIOR TO THE TEST!

You may take your usual medication with a sip of water no later than 2 hours before the test unless otherwise instructed by your Doctor.

Frankston

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141 Cranbourne Rd Frankston VIC 3199
Phone: (03) 9781 5959
Melways reference: Page 103 H3

Narre Warren

Casey Day Procedure & Specialist Centre
30 - 32 Verdun Drive Narre Warren Vic 3805
Phone: (03) 9781 5959
Melways reference: Page 110 H5

Bayswater

Bayswater Day Procedure Centre
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Phone: (03) 9781 5959
Melways reference: Page 64 F4